

G-OUT

G-out is an advance form of uric acid. But before understanding Gout let us understand what is uric acid and how it is formed. Uric acid is a waste product created during the normal breakdown of purines naturally occurring. Substances, found in food such as Spinach, Tomato Seeds, chicken, anchovies (any salt water fish/shell fish and dried beans). Few of such category food which is not digested by body forms uric Acid.

Uric Acid is normally found in blood within its normal range i.e. for male it is 3.4 to 7 mg/dl & in female it is 2.4 to 6 mg/dl. Excess of such which is not excreted by body and is accumulated in small joints initially and later on it takes a form of Gout. Further with this untreated disease effects badly in severe pain in joints and later it may deshape the joints.

This unique formation contains

Guduchi



Medical benefits of guduchi state that “the juice extract from the stem of guduchi is highly effective for treatment of Gout as it helps to neutralize the increased uric acid levels in the body. Evaluation has shown that guduchi has anti-inflammatory and pain-relieving effects on rodents. Guduchi is rich in antioxidants like ascorbic acid, lycopene and carotene they have anti-ageing properties.

Triphala



The remedy is prescribed for gout, a form of arthritis caused by excess uric acid in the body. Triphala is said to have a calming and tonic effect on the nervous system.

Guggul Extract:



Guggul is made from the oily sap (gum resin) of the guggul tree, one of these substances also decreases the redness and swelling that occurs in gout.

Vasa:



Medication can be used to treat the symptoms of gout attacks, prevent future flares, and reduce the risk of gout complications such as kidney stones and the development of tophi. These reduce inflammation and pains in the areas affected by gout and are usually taken orally.

Patola:



Patola bitter action it controls vitiated blood and controls the pitta. it is having anti-inflammatory action & analgesic action as well.

Gokshura:



Gokshura- purifies your blood of toxins introduced from th polluted environment or an unhealthy diet. its help your body balance the production of uric acid and control Gout. Its made from herbal extracts with natural anti-inflammatory properties.

Manjistha:



Manjistha has a range of natural medicinal properties including anti-inflammatory, antioxidant and antimicrobial benefits. This makes it a suitable treatment for muscle pain, rheumatism and arthritis. Manjistha is known to detoxify and cleanse the blood and the organs by helping the lymph system remove toxins from the body.

Sunthi:



It may not have effect on uric acid production, but it can reduce uric acid level by stimulating excretion of uric acid through kidneys.

Yashtimadhu



It controls the elevated pitta level in the body, there by controls the uric acid. yasthimadhu having analgesic action to controls the swelling and redness gives cooling effect.

Dosage: 1 tab twice daily after meals.

